

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****Mixed 60 Meter**

Name	Age Team	Prelims	Age-Grading
Heat 1 Preliminaries			
1 Karla Del Grande	W57 Mississauga Tra	8.74q	7.05 98.17%
2 Bryan Baldsing	M53 Unattached	8.86q	7.68 83.18%
3 Alexander Jozefacki	M60 Unattached	8.88q	7.34 87.05%
4 David Stern	M70 Mississauga Tra	9.42q	7.31 87.47%
5 Rhona Trott	W62 Hamilton Oly	9.98q	7.68 90.18%
6 Christine Williams	W46 UTTC	10.92q	9.86 70.24%
Heat 2 Preliminaries			
1 Joseph Baptiste	M50 Space Age Techno	7.95q	7.04 90.82%
2 Sean Kibrick	M35 United State	7.96q	7.88 81.16%
3 Saleem Baksh	M39 Mississauga Tra	8.04q	7.72 82.84%
4 Les Neufeld	M45 Team Speed	8.06q	7.40 86.48%
5 Eddy Renelique	M47 viva La Salsa	8.24q	7.45 85.80%
6 John Duwyn	M49 UTTC	8.55q	7.62 83.86%
7 Richard Lech	M62 Unattached	8.56q	6.99 91.47%
Heat 3 Preliminaries			
1 Mark Smyth	M36 Parry Sound Lege	7.52q	7.39 86.57%
2 Andre Mitchell	M34 UTTC	7.57q	7.56 84.68%
3 Chris Lemassif	M44 UTTC	7.74q	7.16 89.41%
4 Ken Kudo	M48 Unattached	7.75q	6.96 91.87%
5 Scott Smyth	M40 Parry Sound Lege	7.90q	7.52 84.94%
6 Bryan Griffiths	M30 Unattached	7.91q	7.91 80.78%
7 Tyrone Edge	M37 Unattached	8.06q	7.86 81.39%

**Mixed 60 Meter**

Name	Age Team	Finals	Age-Grading
Section 1 Finals			
1 Eddy Renelique	M47 viva La Salsa	8.37	7.57 84.47%
2 Karla Del Grande	W57 Mississauga Tra	8.73	7.05 98.28%
3 Bryan Baldsing	M53 Unattached	8.89	7.71 82.90%
4 Alexander Jozefacki	M60 Unattached	8.93	7.38 86.56%
5 David Stern	M70 Mississauga Tra	9.58	7.43 86.01%
6 Christine Williams	W46 UTTC	11.06	9.98 69.35%
Section 2 Finals			
1 Sean Kibrick	M35 United State	8.00	7.92 80.75%
2 Saleem Baksh	M39 Mississauga Tra	8.01	7.69 83.15%
3 Joseph Baptiste	M50 Space Age Techno	8.02	7.10 90.02%
4 Tyrone Edge	M37 Unattached	8.05	7.85 81.49%
5 Les Neufeld	M45 Team Speed	8.11	7.44 85.94%
6 Richard Lech	M62 Unattached	8.60	7.02 91.05%
7 John Duwyn	M49 UTTC	8.64	7.70 82.99%
Section 3 Finals			
1 Mark Smyth	M36 Parry Sound Lege	7.51	7.38 86.68%
2 Andre Mitchell	M34 UTTC	7.54	7.53 85.01%
3 Eric Spence	M49 Unattached	7.60	6.78 94.34%
4 Chris Lemassif	M44 UTTC	7.71	7.13 89.75%
5 Bryan Griffiths	M30 Unattached	7.83	7.83 81.61%
6 Scott Smyth	M40 Parry Sound Lege	7.90	7.52 84.94%
7 Ken Kudo	M48 Unattached	7.93	7.12 89.79%

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****Mixed 200 Meter**

Name	Age Team	Finals	Age-Grading
Section 1			
1 Earl Fee	M81 Mississauga Tra	33.06	20.57 93.95%
2 Rhona Trott	W62 Hamilton Oly	34.24	25.33 84.26%
3 Christine Williams	W46 UTTC	39.34	34.54 61.79%
Section 2			
1 John Duwyn	M49 UTTC	28.47	24.72 78.15%
2 Richard Lech	M62 Unattached	30.66	24.37 79.29%
3 Miron Genik-Sas-Berezows	M61 Mississauga Tra	30.68	24.55 78.72%
4 David Stern	M70 Mississauga Tra	32.15	24.08 80.25%
Section 3			
1 Karla Del Grande	W57 Mississauga Tra	28.93	22.51 94.82%
2 Alexander Jozefacki	M60 Unattached	29.02	23.37 82.70%
3 Rick Ball	M45 OAC	34.16	30.53 63.29%
Section 4			
1 Scott Smyth	M40 Parry Sound Lege	25.57	23.72 81.46%
2 Joseph Baptiste	M50 Space Age Techno	26.05	22.46 86.07%
3 Saleem Baksh	M39 Mississauga Tra	26.59	24.86 77.74%
4 Eddy Renelique	M47 viva La Salsa	26.77	23.59 81.92%
Section 5			
1 Chris Lemassif	M44 UTTC	24.62	22.17 87.16%
2 Bryan Griffiths	M30 Unattached	25.43	25.43 75.97%
3 Paul Robinson	M45 Unattached	25.73	22.99 84.03%
4 Tyrone Edge	M37 Unattached	25.81	24.51 78.85%
Section 6			
1 Andre Mitchell	M34 UTTC	24.53	23.85 81.04%
2 Ken Kudo	M48 Unattached	24.91	21.79 88.68%
3 Eric Spence	M49 Unattached	24.94	21.66 89.21%
4 Mark Smyth	M36 Parry Sound Lege	25.11	24.03 80.41%

**Mixed 400 Meter**

Name	Age Team	Finals	Age-Grading
Section 1			
1 Jianping Xu	M45 Harbour Track	65.87	59.44 72.66%
2 Earl Fee	M81 Mississauga Tra	73.37	43.43 99.43%
Section 2			
1 Sean Kibrick	M35 United State	56.73	55.04 78.46%
2 Jim Seeds	M41 Unattached	62.39	57.93 74.55%
3 Rick Ball	M45 OAC	62.42	56.33 76.67%
4 Steve Millward	M55 Unattached	65.60	55.33 78.05%

**Mixed 800 Meter**

Name	Age Team	Finals	Age-Grading
Section 1			
1 Ted Paget	M59 Checkers AC	2:30.39	2:01.43 83.27%
2 John Clarke	M59 Unattached	2:36.18	2:06.10 80.18%
3 Edel Ebbs	W41 UTTC	2:50.67	2:44.50 68.86%
4 Bert de Vries	M64 Longboat RR	2:59.25	2:19.21 72.64%
5 Delilah Topic	W31 Unattached	3:02.85	3:02.85 61.95%
Section 2			
1 Michael Sherar	M47 UTTC	2:04.36	1:51.01 91.09%
2 Gary Pluim	M40 UTTC	2:10.28	2:03.84 81.65%

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****...Mixed 800 Meter**

3 Ming Tsai	M38 UTTC	2:12.41	2:08.32	78.79%
4 Jim Seeds	M41 Unattached	2:19.22	2:11.15	77.10%
5 John Willett	M49 UTTC	2:19.65	2:02.49	82.55%

**Mixed 3000 Meter**

Name	Age Team	Finals	Age-Grading
Section 1			
1 John Clarke	M59 Unattached	11:25.15	9:15.87 79.16%
2 George Aitkin	M58 Cambridge Harriers	11:34.07	9:28.03 77.46%
3 Gary Jr Cassel	M43 Cambridge Harriers	11:55.16	11:00.81 66.59%
4 Ed Whitlock	M79 Milton RR	12:15.60	7:42.33 95.17%
5 Chris Mackie	M70 Unattached	12:18.79	9:00.73 81.37%
6 Cynthia O'Halloran	W47 Unattached	12:28.77	11:02.97 75.63%
7 Robert Moore	M70 Toronto Olym	14:42.31	10:45.77 68.14%
Section 2			
1 Chris Deighan	M50 Newmarket Huskies	9:37.82	8:25.42 87.06%
2 Jerry Kooymans	M55 Toronto Olym	10:05.94	8:28.69 86.50%
3 Ken Gosleigh	M43 Saugeen Track Club	10:10.03	9:23.67 78.06%
4 Jim Seeds	M41 Unattached	10:59.52	10:18.63 71.12%
5 Jay Yakabowich	M49 Unattached	11:00.56	9:42.42 75.55%
6 Dave Penney	M54 QLT	11:01.26	9:19.76 78.61%
7 Shawn Cavanagh	M45 Unattached	11:28.18	10:26.18 70.27%

**Mixed 60 Meter Hurdles**

Name	Age Team	Finals	Age-Grading
Section 1			
1 Tre Paton	M17 Flying Angels	10.47	9.68 75.45%
2 Richard Lech	M62 Unattached	10.82	8.74 83.55%

**Mixed 4x800 Meter Relay**

Team	Finals
1 University of Toronto TC 'A'	9:42.93
1) Michael Mendis 35	2) Gary Pluim 40
3) Ming Tsai 38	4) John Willett 49
2 Village People Runners 'A'	10:12.82
1) Jimmy Semes 32	2) Mark Duff 49
3) Steve Burns 52	4) Mark Giardetti 45
3 Newmarket Huskies 'A'	10:59.89
1) Bob Knuckey 62	2) Tim Payne 60
3) John De Finney 61	4) Ken Hamilton 61

**Mixed High Jump**

Name	Age Team	Finals	Age-Grading
Flight 1			
1 David Valenzuela	M34 Unattached	1.85m	1.93m 79.06%
2 Ovidiu Negoita	M39 Unattached	1.80m	1.97m 80.36%
3 Stan Seitz	M63 Ottawa Track	1.37m	1.95m 79.65%
4 Bob Land	M74 Unattached	1.16m	1.91m 78.38%

**Results - Age Grading: 1 Yr Indiv & 5 yr Multi****Mixed Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Stan Seitz	M63 Ottawa Track	2.87m	4.46m 72.84%
1 Hugh Miller	M64 Scarborough Masters	2.87m	4.54m 74.16%

**Mixed Long Jump**

Name	Age Team	Finals	Age-Grading
1 Gary Pluim	M40 UTTC	4.52m	5.02m 56.15%
2 Rhona Trott	W62 Hamilton Oly	3.67m	5.53m 73.55%

**Mixed Shot Put**

Name	Age Team	Finals	Age-Grading
1 Joe Myers	M58 United State	13.17m	17.96m 77.70%
2 Bill Pearson	M58 Throwers Club	12.04m	16.42m 71.03%
3 Elizabeth Hill	W50 Throwers Club	11.10m	15.40m 68.06%
4 Debbie Murfitt	W54 Unattached	9.67m	14.41m 63.70%
5 Evalds Viskers	M84 Throwers Club	8.32m	15.22m 65.82%
6 Max Woerle	M80 Throwers Club	7.77m	12.03m 52.04%
7 Velta Tomsons	W83 Throwers Club	6.83m	22.11m 97.71%

**Mixed Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Bill Pearson	M58 Throwers Club	13.05m	16.68m 64.51%
2 Ray Bzibziak	M56 United State	12.63m	15.56m 60.20%
3 Joe Myers	M58 United State	12.11m	15.48m 59.86%
4 Max Woerle	M80 Throwers Club	11.56m	18.18m 70.32%
5 Elizabeth Hill	W50 Throwers Club	10.85m	13.46m 57.08%

**Men Indoor Pentathlon**

Name	Age Team	Finals
1 Don Ritchie	M49 Unattached	3256
1 Jordan Rosenberg	M41 UTTC	2714
1 Ralph Cilevitz	M56 Throwers Club	2142
1 Jerzy Dabrowa	M52 Unattached	1818
2 Marco DeChellis	M45 Unattached	2317
2 Kasper Hinds	M42 Unattached	2121

**Mixed 1600 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
Section 1			
1 Jianping Xu	M45 Harbour Track	7:25.40	
2 Kitty Cashman	W50 Unattached	8:35.46	
3 Lawrence Malek	M50 Metro Fitnes	9:10.41	
4 Sharon O'Leary	W42 London Pacers	9:36.06	
5 Sharon Lee	W54 Metro Fitnes	9:53.88	
6 Lina Liscio	W61 Metro Fitnes	10:09.95	

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7	Lena Roccasalvo	W54 Metro Fitnes	10:44.65
8	Nancy Kula	W47 Unattached	11:13.51
9	Lucy Orban	W46 Metro Fitnes	11:25.38